Full-field tee batting

Ages 3–4 | 60 minutes | 3 coaches | full field

TIME	BLOCK
0-5	Movement warm-up and stop signal
5-10	Easy throwing / rolling with ready targets
10-13	Water; put loose balls away
13-31	Bat-free team defense and base routes
31-34	Water; clear field and inspect equipment
34-54	Full-field batting and controlled application
54-60	Review; stop and collect

Head coach: Sets the tee only with bat down; steps out of swing/ball paths and calls ready.

Assistant 1: Controls the protected waiting area, calls one helmeted hitter, and gives the stop/advance instruction. Only the active hitter holds a bat.

Assistant 2: Sets spaced defensive roles, watches the whole field and stops play if someone is unready or a ball leaves the area.

Turns: One fair contact, then change hitter

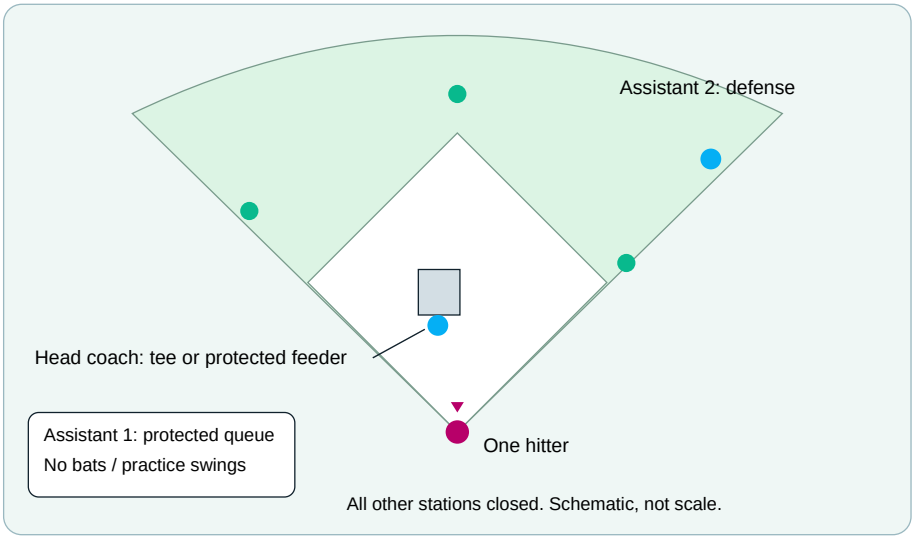
Equipment: Full league field and bases; tee, bats, helmets, gloves, suitable balls, cones and buckets

Warm up, then easy rolls/throws in ready-target lanes. Bat-free team block: walk field/backup roles and one-runner routes; then controlled coach rolls. Before full-field batting, all stations stop. No simultaneous bullpen, on-deck swings or extra hitting lanes. Stop feeding between contacts; no collection during live feeds. See packet for full instructions.

Full instructions: leefamilybaseball.com/coaching/equipment-practices.html?age=34&mode=tee

Full-field tee batting

Full-field roles | All side stations closed



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Run the full-field block

1. Stop every station. Put away idle bats and loose balls; establish a stop signal. Inspect the full fair/foul-ball area and protected waiting space. No parallel throwing, hitting or bullpen.

2. One helmeted hitter starts at home plate. Set a comfortable tee height; coach clears the swing and ball path before calling hit.

3. Start with no runners. Put defenders at appropriate depth for the actual hitter; begin farther back and move only on the coach’s stop. One fielder calls the ball, a teammate backs up, then return to one designated ready receiver away from the feeder/screen. No throws at the operator.

4. After each fair contact, stop feeding until the ball is controlled and everyone is reset. Player puts bat down; on a separate coach signal, one runner travels home to first. Defense holds the ball until the runner is clear; no live throws, tags or slides against that runner.

5. Give each player one contact opportunity before repeat turns; use the tee after a few unsuccessful feeds. Rotate hitter to a defensive role and bring the next player from defense to the waiting group on the stop signal.

6. Call stop before retrieval. Bats down; feeding stopped; machine isolated as its manual requires before anyone approaches. Coach releases collection only when all areas are quiet. Keep water and rest available.

Apply: For ages 3–4 use soft practice balls, two or three spaced fielders and a short contact-and-run game; no machine or coach-pitch requirement.

Catcher: No player catcher is required. Do not place an unprotected player behind the hitter. If a catcher is added, fit complete required gear, check readiness and throwing workload, and assign a coach to supervise the battery; reduce other active roles. Machine use must follow the manual’s catcher/backstop requirements.

Tee fallback: Use a tee at home and keep the same supervised field roles. If the full field or protected waiting space is unavailable, return to the separate station plan. Never substitute unprotected front toss.

Teaching basis: Little League Safety Code (littleleague.org/playing-rules/appendices/appendix-b/) and 2015 Coach-Pitch Program. Follow current local rules and the exact equipment manuals. Original LFB session; no endorsement implied.